**RITM** 

# SCENAR® THERAPY www.scenar.com.au

# Non-invasive, drug free therapy for pain relief



#### What is SCENAR?

"SCENAR" stands for **S**elf **C**ontrolled **E**nergo **N**euro **A**daptive **R**egulator. Invented 40 years ago by a Russian University with the aim of providing non-invasive, effective treatment of the human body as a whole. Today SCENAR is recognized all over the world and millions of patients have benefited from this technology.

SCENAR is an advanced form of interactive neurostimulation using unique two-phase biopolar impulses, feedback capabilities and individually dosed influence. The devices are hand held and designed to powerfully stimulate the body's own healing capacity.

#### How can SCENAR Therapy Help you?

SCENAR Therapy is clinically proven to assist with pain, discomfort and functional restoration. SCENAR is highly effective for chronic and acute pain in bones, muscles, joints, ligaments., back pain, diabetic neuropathy, headaches and other painful conditions.

#### Who can be treated?

Even babies, young children, elderly patients and animals can benefit from SCENAR Therapy because it is non-invasive, painless and comfortable for clients.





#### **Contraindications and Cautions**

Specific contraindications and Cautions for clients with:

- any type of cardiac pacemaker;
- prone to generalised seizures;
- intoxicated by alcohol and recreational drugs and;
- avoid the abdomen during pregnacy;
- caution over malignant tumours or open wounds.

#### **SCENAR Treatment Session**

Your first treatment session is normally an hour, and begins with recording the client's history and indicating the main complaint.

During treatment the Practitioner will gently move the device over your skin, and at times hold it stationary to take readings. You will feel a tingling sensation from the electrical impulses emitted by the device. Your Practitioner may also use attachments that are more appropriate for the treatment.

Wear loose comfortable clothing as your treatment may involve areas of the spine, or zones representing the main complaint.

SCENAR Therapy supports the body to heal itself, your therapist will search out unresolved problems to assist the body in completing its goal of self-regulation. Feedback regards to changes in your condition is encouraged as the information guides the Practitioner during the treatment session.

Any shifts or changes are an indication that your body is already reacting to the therapy and that the healing processes have started. These changes may begin during the treatment session and can continue after for a period of time.

#### Post-treatment dynamics

Dynamics, in SCENAR terms, are those changes that every SCENAR Practitioner will be looking for:

- Changes in pain level decrease or temporary increase or change of pain location;
- Improvement in sleep, appetite or feeling more relaxed;
- Improvement in function.

#### How many SCENAR sessions?

SCENAR Therapy is an individualized therapy and the speed of recovery will depend on how fast your body will react. As a rough guide acute problems may resolve in one to three sessions, while chronic issues may take longer.

#### Do I have to stop my medications?

SCENAR Therapy is compatible with most conventional, natural treatments and medications. Please consult with your SCENAR Practitioner. You should keep taking the prescribed medications and consult with your doctor if your condition changes.

#### **Choosing a SCENAR Practitioner**

Although SCENAR is a portable device and the treatment may look easy and straight forward, SCENAR is advanced medical technology and requires comprehensive training and



experience. It is recommended that you choose a therapist with a minimum of Level 3 Professional RITM SCENAR training and 2 years experience.

### experience.

#### Treat yourself at home

With the personal SCENAR device you will be able to manage painful conditions and treat yourself in between professional sessions. Please ask your Practitioner for more information or contact RITM Australia.



#### Why RITMSCENAR is the world leader?



RITMSCENAR devices are manufactured by the inventors of SCENAR Medical technology-RITM OKB ZAO, Russia and are the only genuine and the most researched devices in the world. This extraordinary therapy is available in major hospitals in

Russia, and used in medical clinics throughout the world.



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#### PRACTITIONER DETAILS

Disclaimer: this brochure contains general information and is not a medical advice.

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